

**NATIONAL SCHEDULED TRIBES FINANCE AND  
DEVELOPMENT CORPORATION, NEW DELHI**

No.NSTFDC/Pers./IDY/2021

18<sup>th</sup> June, 2021

**CIRCULAR**

**Sub :- Observation of 7<sup>th</sup> International Day of Yoga (IDY) 2021-reg.**

Like every year, International Day of Yoga is to be observed on 21.06.2021 with the objective of building public interest in yoga and to highlight its importance and contribution towards improving public health and emotional wellness. All the employees and staff members should be made aware of common Yoga Protocol (CYP) and may be encouraged to practice yoga at 7.00 a.m. on IDY 2021 so that the maximum participation of staff can be ensured in the same. All staff may join online training programmes as per guidelines of Ministry of Ayush. All staff and employees are hereby advised to participate in various competitions organized by Ministry of Ayush on MyGov platform (<https://www.mygov.in>) in connection with IDY 2021.

NSTFDC is also organizing essay competition on 21.06.2021 at 11.00 a.m. The Topic of the essay is - Yoga Ka Hamare Jeevan Mai Mahetav. The winners will be awarded Ist, IInd and IIIrd prize with Rs.2000/-, Rs.1000/- and Rs.500/- respectively.

This issues with the approval of Competent Authority.

**(M.K. Brahma)**  
**General Manager (Pers.&Vig.)**

**Circulation to :**

- 1. All officers and staff of NSTFDC**
- 2. PS to CMD – for information of CMD please.**
- 3. DGM (OL&Proj.)- for Hindi version**
- 4. Office Order/Circular file**
- 5. Notice Board**